# April 27 to May 1 – Optional Assignments

# **Grade 3 – DPA with Ms. Polluck**

# Monday, April 27

Fitness Stations. Create fitness stations around your space (living room, backyard, garage, driveway). Lay out the equipment you'll need at each station. Rotate through the stations and spend 1 minute at each. (Station Ideas: skipping, hopping, rolling, arm circle, jumping jacks, ball toss)

# Tuesday, April 28

Going on Safari. Pretend you're going on safari as you walk around your house. Change direction when the caller gives command. Ideas include: Panther, Snake, Antelope, Monkey, Bird, Tarzan. Add descriptors i.e., frightened antelope. Walk at various speeds - extra slow is always fun. Walk heavily, loudly, softly, on tiptoes, with long strides, or with tiny steps. Variations: Change themes for the walk i.e., farm, ocean, outer space.

# Wednesday, April 29

Simon Says Movement Game. One person calls out a movement for the others to follow. (i.e. spin 3 times, 5 jumping jacks, 10 knee high kicks etc.) Take turns as the leader to call out "Simon Says..."

# Thursday, April 30

Backyard Obstacle Course: Use materials found in your home and yard to create an obstacle course to challenge your skills. Time yourself and see if you can move through the course faster with more practice.

# Friday, May 01

Hopscotch: Draw a hopscotch design on the ground. Throw a flat stone or similar object (small beanbag, shell, button, plastic toy) to land on square one. Hop through the squares, skipping the one you have your marker on. Pick-up the marker on your way back. Pass the marker on to the next person.

## **Gratitude**

Your parents are working hard to keep you safe and healthy. It is time to pay it back! Ask your parents what their least favourite chore to do is around the house and do it for them!

## **Language Arts**

Write out the recipe for your favourite meal. Include pictures and simple instructions to help younger children understand the directions. See if you are allowed to make it! Enjoy!

## **Personal Reading**

Find your favourite story book and read it to your family like you are the teacher. Don't forget to make them answer your questions just like a student! (Eg. make a prediction, summarize, make a connection).

#### Math

Get a deck of cards and take out the face cards. Use 4 cards to create five 4-digit numbers. Record each. Write in order from greatest to least. Repeat several times.

#### **Problem Solving**

A farmer has chickens and cows. What combination of animals could total 24 legs? Is there more than one combination? Draw a picture to help you and justify your thinking.

## Science

Ask your parents if you can play around with vinegar and baking soda in a container. It may be messy so you may want to take it outside!

# April 27 - May 1 Work-at-Home Gameboard Rules

- 1. Have fun!
- 2. Complete as many of the squares as you would like, in any order you choose.
- 3. Mark off each box as you complete it. Please e-mail Mrs.Lyon or Ms.Warbinek what you did. You can take a picture or video of your work, attach a document or write your work directly in the email.
- 4. Take breaks!! Don't try to finish everything quickly. Pace yourself and do your best work!

# Writing

Write a story using the prompt: Imagine a giant box is delivered to your front doorstep with your name on it. What is inside and what happens when you open it?

#### Vocabulary

How many different words can you think of that mean the same as the word:

# **MAD**

## **Play A Game**

Make your own version of Heads Up/Headbanz. One player holds up a word on their forehead without looking and the others yell out the clues.

## **STEM**

Try making your own catapult! Here is a video to help:

https://www.youtube.com/w atch?v=XchdUB-ZnKc

#### **ART for KIDS**

Go to <a href="https://www.artforkidshub.com/">https://www.artforkidshub.com/</a> and search for an insect. After you are done go looking for that insect in your backyard.

Don't forget about looking for the 9
Spotted Ladybug from last week's board.

## **Move Around!**

Search up some of the class' favourite Just Dance videos on Youtube. Get your whole family to join in! (Some faves: Dance Monkey, Blue Da Ba Dee, We No Speak Americano, Waka Waka).