

















Name _____ Date _____

Animal Babies

 dog	 alligator	 whale	 frog
 kangaroo	 butterfly	 hen	 pig

Cut out the pictures. Glue each animal baby below its correct parent.

 piglet	 joey	 caterpillar	 calf
 chick	 tadpole	 hatchling	 puppy



Animal Tracks

EXPLORER I.D. CARDS



BEAR

FRONT PAWS MEASURE 4.5" IN LENGTH & BACK PAWS MEASURE 7" IN LENGTH



FUN FACT

GRIZZLY BEARS CAN BIT WITH ENOUGH FORCE TO CRUSH A BOWLING BALL.

CAT

FRONT PAWS MEASURE 1 1/2 IN. L X 1 3/8 IN. W & BACK PAWS MEASURE 1 5/16 IN. L X 1 3/8 IN. W



FUN FACT

CATS SLEEP 16 TO 18 HOURS A DAY

COYOTE

FRONT PAWS MEASURE 2-3" IN LENGTH & BACK PAWS MEASURE 1.75-3" IN LENGTH



FUN FACT

COYOTES WEIGH ONLY 20 POUNDS WHICH MAKES THEM THE SIZE OF A MEDIUM SIZED DOG.

CROW

CROW TRACKS ARE 3" IN LENGTH



FUN FACT

SIMILAR TO PARROTS, CROWS CAN IMITATE A HUMAN VOICE.



Animal Tracks

EXPLORER I.D. CARDS



DEER

BUCK TRACKS ARE 3.5"-4" IN LENGTH



FUN FACT

MALE DEER GROW A NEW SET OF ANTLERS EVERY YEAR.

DOG

LARGE DOG PAWS ARE 4" IN LENGTH. SIZE IS VARIABLE DEPENDING ON THE SIZE OF THE DOG.



FUN FACT

DOGS EXPERIENCE REM SLEEP LIKE HUMANS, WHICH MEANS THEY ALSO DREAM.

FOX

RED FOX PAWS MEASURE 2.5" IN LENGTH



FUN FACT

FOXES HAVE WHISKERS ON THEIR LEGS AS WELL AS THEIR FACE TO HELP THEM FIND THEIR WAY.

RACCOON

FRONT PAWS MEASURE 3" IN LENGTH & BACK PAWS MEASURE 3-4" IN LENGTH



FUN FACT

IN A MAMMAL I.Q. TEST, RACCOONS SCORED VERY HIGH. THEY ALSO COULD OPEN 11 OUT OF 13 LOCKS.



Animal Tracks

EXPLORER I.D. CARDS



SKUNK

PAWS MEASURE 2.5" IN LENGTH



FUN FACT

SKUNKS CAN SPRAY THEIR SCENT UP TO 12 FEET AWAY AND THE SENT CAN LAST UP TO FOUR MONTHS.

SQUIRREL

FRONT PAWS MEASURE 1 1/16" IN LENGTH & BACK PAWS MEASURE 1 3/8" IN LENGTH



FUN FACT

SQUIRRELS RUN ERRATICALLY TO CONFUSE PREDATORS.

ANIMAL TRACKS QUICK GUIDE

BEAR



CAT



COYOTE



CROW



DEER



DOG



FOX



RACCOON



SKUNK



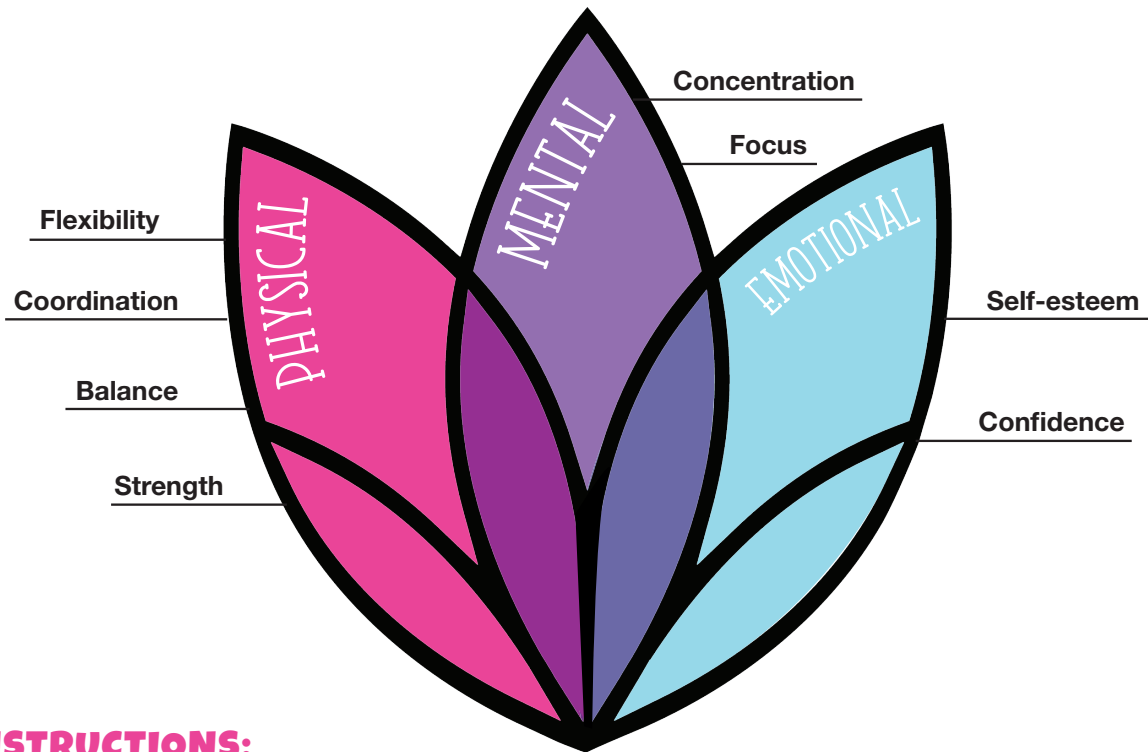
SQUIRREL



ANIMAL YOGA FOR KIDS

POSE CARDS

Yoga is a practice in self-discovery. Simple poses paired with intentional breathing will help your child develop physically, mentally, and emotionally. An exercise for the mind and the body, yoga will help your kids grow strong muscles, it will teach them to clear their mind so they can focus on a single task, and it will show them how to be patient and persevere to reach a goal, like mastering their favorite pose.



INSTRUCTIONS:

1. First, download these pages and print them. There are four cards on each page; each card has a different pose to practice with your kids.

2. Cut out the cards and read through them together. Then, arrange the cards in a stack so you can pick a pose at random, or arrange them face up so you can see the poses and create a flow together.

3. Move through each pose at your own pace. While in the pose, call out the affirmation written on the card.

4. Throughout your practice, make sure you remember to breathe! Breathe in and out through your nose most of the time and, every once in a while, take a big deep breath in through your nose and exhale through your mouth, making a loud “haaaaaa” sound while you push out the air.

MOST IMPORTANTLY, HAVE FUN BEING ACTIVE AND GETTING STRONGER TOGETHER!

ELEPHANT POSE

(WIDE-LEGGED STANDING FORWARD BEND)



I have a strong body.

CROCODILE POSE

(PLANK)



I am calm.

TIGER POSE

(CAT POSE)



I am brave.

COW POSE

(COW POSE)



I am kind.

TURTLE POSE

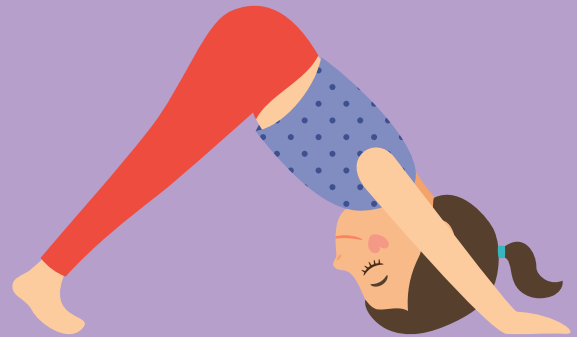
(CHILD'S POSE)



I am patient.

PUPPY POSE

(DOWNWARD-FACING DOG)



I am friendly.

BUTTERFLY POSE

(BUTTERFLY POSE)



I am unique.

COBRA POSE

(COBRA POSE)



On the exhale, make the 'shhh' sound to slither like a snake.

FLAMINGO POSE

(TREE POSE)



I am beautiful.

RHINO POSE

(TRIANGLE FORWARD BEND)



I am a leader.

BAT POSE

(FORWARD BEND)



Focus on your breathing. Can you feel the air moving in and out through your nose?

GIRAFFE POSE

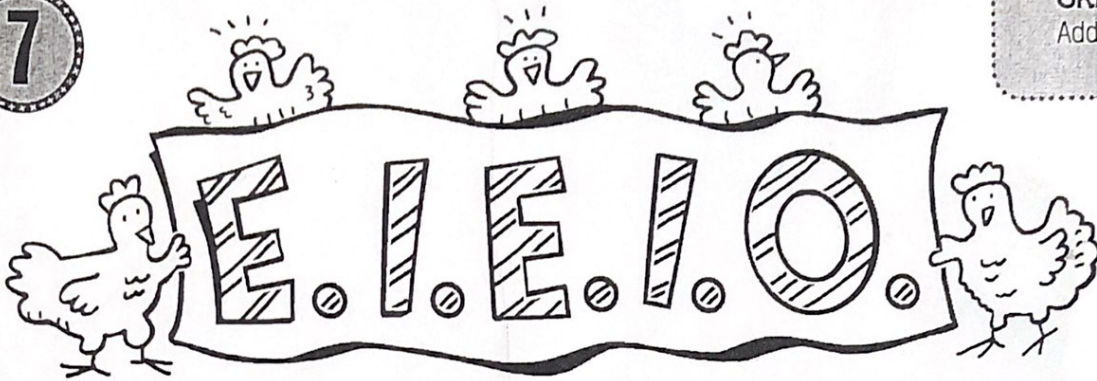
(EXTENDED MOUNTAIN POSE)



I reach for the stars.

7

SKILL:
Addition

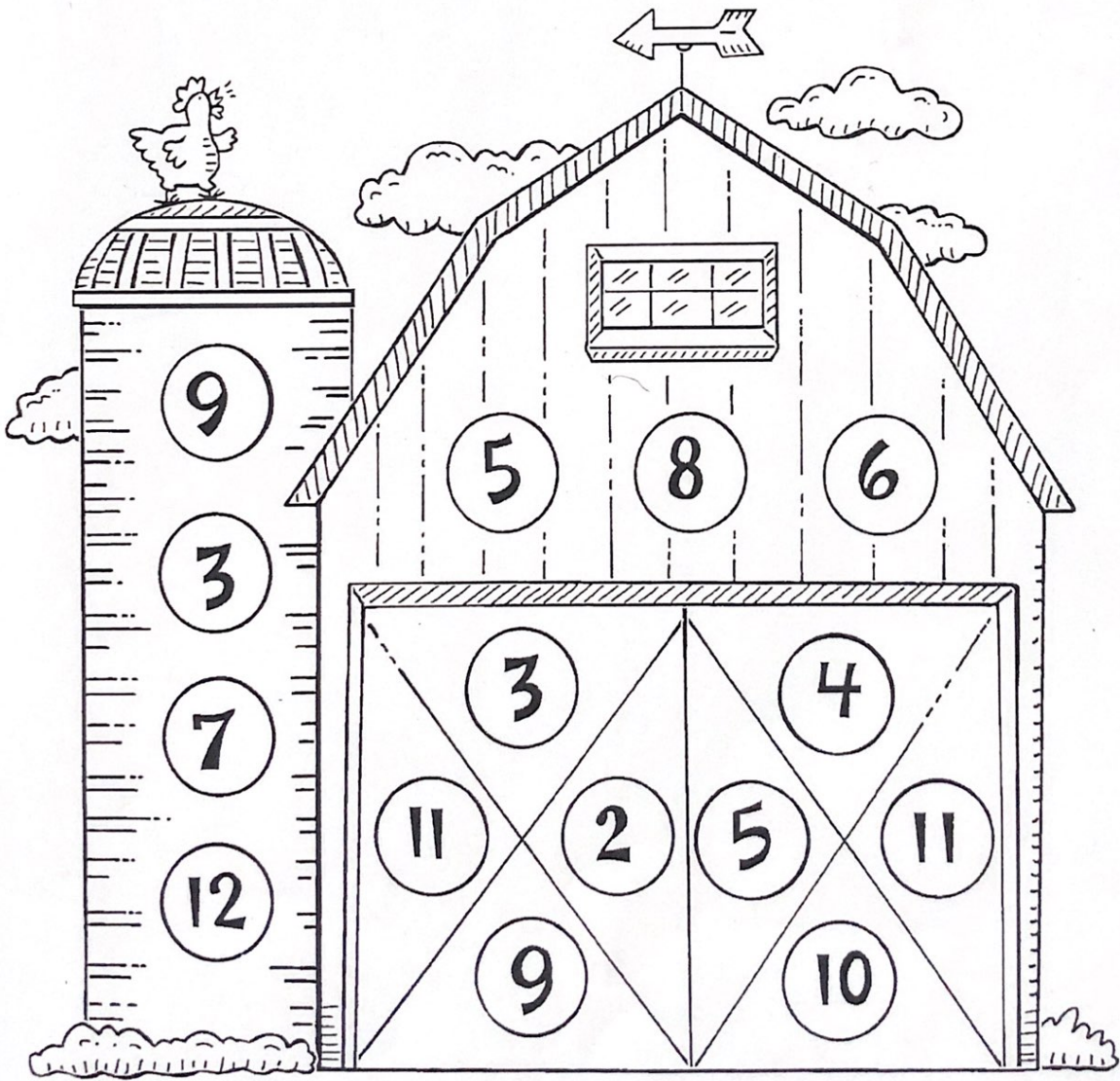


MATERIALS

- game board
- 2 number cubes
- 10 game markers
(5 for each player)

DIRECTIONS

1. Take turns rolling the number cubes.
2. Add the numbers together and place one marker on the answer. If the answer is already covered, your turn is over.
3. The first player to place 5 markers on the board wins.



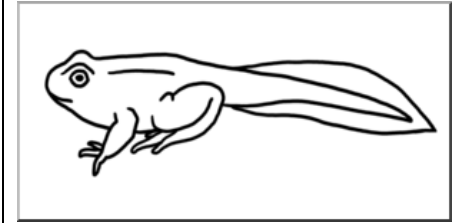
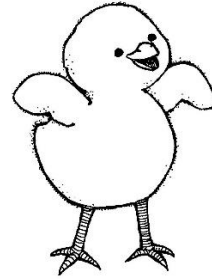
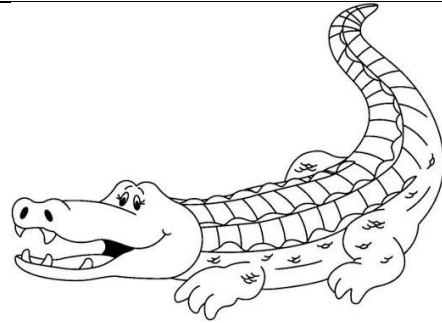
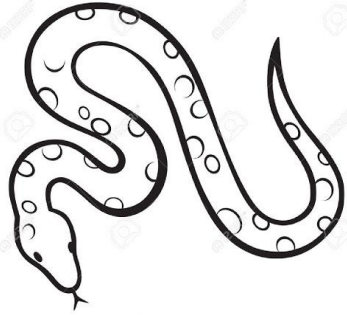
The Egg

The egg is cracking open

And what could it be?

I think I see a _____

Looking at me.

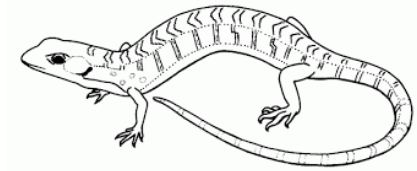
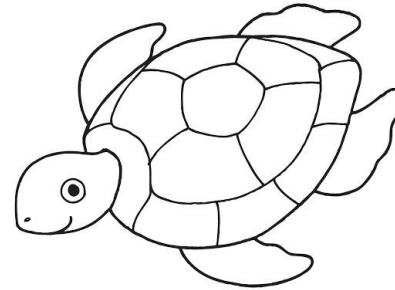
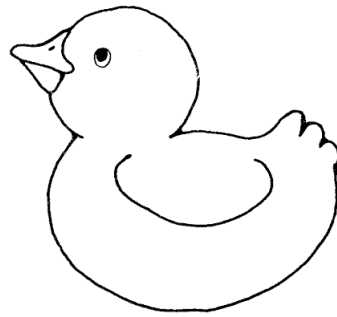
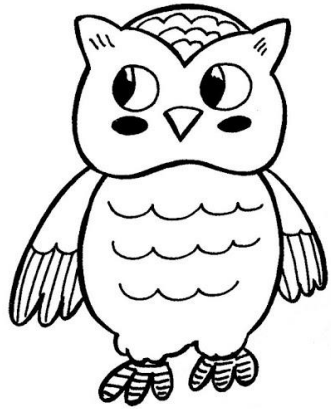


snake

alligator

Chick

tadpole



owlet

duckling

turtle

lizard