

5 things to prepare your child for Nature Kindergarten:

1. Spend time in nature, in various weather conditions.
2. Go for regular walks.
3. Practice putting on gear and dressing themselves (doing up zippers etc.)
4. Read and talk every day to your child.
5. Have fun and play!



For registration and further information please contact the school.



CULTUS LAKE
COMMUNITY SCHOOL
71 Sunny Side Blvd,
Chilliwack, BC
V2R 5B7
1-604-858-6266
www.cultuslake.sd33.bc.ca

Nature Kindergarten



Cultus Lake
Community
School

If we want to protect the natural world on which our survival depends, we must learn that we are a part of it, and we must encourage our children to appreciate its wonders.

~David Suzuki

What is Nature Kindergarten?

Our learning is based on students' interests and their wonders about the natural environment. Students spend time outdoors learning about BC's Kindergarten Curriculum, using nature and learning through play. Our students are investigators, communicators and critical thinkers. We consistently go outside all year long in all types of weather (except extreme conditions). Students and their teachers spend each afternoon in the forest and park area next to Cultus Lake Community School.



Benefits of Nature Kindergarten:

- Improved confidence, social skills, communication, motivation, and concentration.
- Improved physical stamina, fine and gross motor skills.
- Positive identity formation for individuals and communities.
- Environmentally sustainable behaviours and ecological literacy.
- Healthy and safe risk-taking.
- Improved creativity and resilience.
- Increased knowledge of environment, increased frequency of visiting nature within families.
- Improved academic achievement and self-regulation.
- Reduces stress and increased patience, self-discipline, capacity for attention, and recovery from mental fatigue
- Appreciation of the natural environment and the connection to First Peoples and the land

Source: Forest Schools of Canada (2017)